

91 Queen Street, Campbelltown NSW 2560

P.O. Box 685, Campbelltown NSW 2560

Phone:4645 4523

Please Indicate, ALL Meal Preferences by marking tick box

Client Name _

Run Number _____

Beef - Main Meals - 360g	Tick Box	Office Use Only
BBQ Marinated Beef Stir Fry with Rice		RK
Beef & Green Bean Casserole		F
Beef & Potato Hot Pot		F
Beef & Vegetable Stir Fry		в
Beef Lasagne		в
Beef Stroganoff with Macaroni		MY
Braised Steak & Onion Gravy		в
Cottage Pie & Vegetables		в
Curried Sausages & Vegetables		в
Fair Dinkum Aussie Meat Pie		GMC
Meatballs & Penne Pasta in Napoli Sauce		GMC
Meatloaf with Vegetables		в
Rissole, Vegetables & Gravy		в
Roast Beef, Vegetables & Gravy		в
Sausage, Mash, Vegetables & Gravy		в
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley sauce		В
Spaghetti Bolognaise		F
Steak & Kidney Pie		В
Steak & Mushroom Pie		MCS
Steak Diane & Vegetables		В
Veal Schnitzel & Gravy		F
		Office
Chicken - Meals - 360g	Tick Box	Use Only
Apricot Chicken & Vegetables		в
Butter Chicken & Vegetables		GMC
Butter Chicken & Vegetables Chicken & Mushroom Pie		GMC F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola		
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore		F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole		F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein		F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne		F F F B
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables		F F F B F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables		F F B F F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice		F F B F F B
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables		F F B F F B B B
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice		F F B F F B B RK
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables Lemon Chicken Schnitzel & Vegetables Roast Chicken, Vegetables & Gravy		F F B F F B B R K F
Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables Lemon Chicken Schnitzel & Vegetables		F F B F F B B R K F B B B B B B B B B B B B B B B B B B

Quantities

Start Date:

Start Date:		
Lamb - Meals - 360g	Tick Box	Office Use Only
Irish Lamb Stew		F
Lamb & Rosemary Pie		MCS
Lamb Casserole		В
Lambs Fry, Bacon & Gravy		В
Lamb Schnitzel with Vegetables & Gravy		GMC
Lancashire Hot Pot		В
Mild Lamb Curry & Vegetables		F
Roast Lamb, Vegetables & Gravy		В
Shepherds Pie & Vegetables		F
Pork - Meals - 360g	Tick Box	Office Use Only
Bacon & Potato Slice		F
Honey Pork & Pineapple Casserole		в
Macaroni Ham & Cheese		F
Pork Meatball with Creamy Mushroom Sauce		F
Roast Pork, Vegetables & Gravy		в
Smothered Pork in Apple Sauce		в
Sweet & Sour Pork		В
Seafood - Meals - 300g -	Tick Box	Office Use Only
Cheesy Tuna Bake		в
Crumbed Fish & Wedges		GMC
Crumbed Fish & Potato Bake		в
Curried Prawns, Rice & Vegetables		RK
Salmon Patties & Vegetables		в
Smoked Cod & Parsley Sauce		в
Steamed Fish & Lemon Sauce		в
Tempura Fish Bites, Chips & Vegetables		В
Vegetarian - Meals - 360g	Tick Box	Office Use Only
Mixed Vegetable Curry		F
Pumpkin & Spinach Frittata		в
Pumpkin & Spinach Risotto		F
Spinach & Ricotta Cannelloni		в
Vegetable Pasta Bake		в
Vegetable Patties		в
Vegetable Quiche		в
Premium Meal Range	Tick	Office
Fremium mear Kange	Box	Use Only
Braised Lamb with Fruit Chutney & Steamed Potato		MY
Grilled Lamb Chump Chop with Homemade Onion Gravy		
Grilled Barramundi Fillet with Ginger,		MY
Lime & Shallot Butter on Rice		
		MY
Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce		MY
Honey Curry Chicken with Steamed Rice		MY
Quiche with Bacon, Spinach & Cheese with Seasonal Vegetables		MY
Pulled Pork with Potato Gratin & Seasonal Vegetable		MY
Lamb Shanks with Mashed Potato & Seasonal Vegetables		MY
Vegetable Lasagne with Seasonal		IVI Y
Vegetable		MY
		IVI Y

Beef - Mini Meals - 220g	Tick Box	Office Use
Beef Lasagne		B
Beef Stir Fry		в
Braised Steak & Onion Gravy		в
Cottage Pie & Vegetables		в
Curried Sausages & Vegetables		в
Meatloaf, Vegetables & Gravy		В
Rissole, Vegetables & Gravy		В
Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley Sauce		В
Spaghetti Bolognaise		В
Steak & Kidney Pie		В
Steak & Mushroom Pie & Vegetables		MCS
Chicken - Mini Meals - 220g	Tick Box	Office Use Only
Apricot Chicken & Vegetables		в
Chicken Casserole & Vegetables		в
Chicken Fettuccini & Vegetables		в
Chinese Chicken & Vegetables		В
Lemon Chicken Schnitzel		в
Mild Chicken Curry & Vegetables		В
Roast Chicken, Vegetables & Gravy		В
Roast Turkey, Vegetables & Gravy		В
		Office
Lamb - Mini Meals - 220g	Tick Box	Use
Lamb Casserole		В
Lamb & Rosemary Pie		MCS
Lambs Fry, Bacon & Gravy Lancashire Hot Pot		В
Roast Lamb Vegetables & Gravy		B
Roast Lamb, Vegetables & Gravy		B B
	Tick Box	B Office
Seafood - Mini Meals - 220g	Tick Box	B
Seafood - Mini Meals - 220g Cheesy Tuna Bake	Tick Box	B Office Use B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake	Tick Box	B Office Use B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties	Tick Box	B Office Use B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce	Tick Box	B Office Use B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties	Tick Box	B Office Use B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce		B Office Use B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g	Tick Box	B Use B B B B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole		B Office Use B B B B B B Cffice
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g		B Office Use B B B B B B B Coffice Use
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole		B Office Use B B B B B B Office Use B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables		B Coffice Use B B B B Coffice Use B B B B B B B B B B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce		B Office Use B B B B B Office Use B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce		B Office Use B B B B B Office Use B B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork	Tick Box	B Office Use B B B B B B B B B B B B B B C Office Use
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese	Tick Box	B Office Use B B B B B B B B B B B B B B B Coffice Use Coffice Use
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata	Tick Box	B Office Use B B B B B B B B B B B B B B B B B C Use Only WCS B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni	Tick Box	B Office Use B B B B B B B B B B B B B B B B C Office Use Office Use Office Use S B B B B B B B B B B B B B B B B B B
Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata	Tick Box	B Office Use B B B B B B B B B B B B B B B B B C Use Only WCS B

Desserts - 120g	Tick Box	Office Use
Apple Pie & Cream		в
Apple Rhubarb Brown Betty & Custard		В
Apple, Sultana Crumble with Custard		MCS
Apricot Crumble & Custard		в
Banana Pudding & Caramel Sauce		MY
Black Forest Cheesecake		MCS
Bread & Butter Pudding		MCS
Butterscotch, Sultana Pudding & Custard	_	В
Chocolate Mousse & Cream	_	MY
Chocolate Mud Cake & Cream		MY
Chocolate Mud Cake & Custard		MCS
Chocolate Steamed Pudding & Custard	_	В
Creamy Rice	_	MY
Creamy Rice with a Fruit Puree	_	MCS MCS
Frozen Fruit / Compote	_	
Fruit Salad & Cream		В
Fruit Trifle & Cream		В
Golden Syrup Dumpling	_	MY
Jelly & Peaches with Custard		MCS
Lemon Pudding & Custard Pavlova		MCS MY
Sticky Date with Caramel Sauce		MCS
Tiramisu		MCS
Vanilla Pancotta & Mixed Berries		B
Omelette 140a	Tick Box	Office
Omelette - 140g	TICK DOX	
Omelette - 140g Three Cheeses & Black Pepper Omelette	TICK DOX	Use
Three Cheeses & Black Pepper Omelette		
		Use
	Tick Box	Use
Three Cheeses & Black Pepper Omelette		Use N Office
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne		Use N Office Use
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice		Use N Office Use PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese		Vise Use N N Office Use PFD PFD PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake		Use N Office Use PFD PFD PFD PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake		Vise Use N N Office Use PFD PFD PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise	Tick Box	Use N Office Use PFD PFD PFD PFD PFD PFD
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Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g	Tick Box	Use N Office PFD PFD PFD PFD PFD PFD PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin	Tick Box	Use Use N N Office Use PFD PFD PFD PFD PFD PFD Use Only
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable	Tick Box	Use Use N Office Use PFD PFD PFD PFD PFD Vse Only MY
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Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches	Tick Box	Use N Office Use PFD PFD PFD PFD PFD Use Only Use Only MY MY MY Office Use
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches	Tick Box	Use Use N Office Use PFD PFD PFD PFD PFD VFD VFD VFD VFD VFD VFD VFD VFD VFD V
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Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye	Tick Box	Use Vuse N Office VFD PFD PFD PFD Votice Use Office Use Office Use Office Use Office Use Office Use MY MY Office Use PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese	Tick Box	Use V N Office Use PFD PFD PFD PFD Office Use Only MY MY MY Office Use PFD PFD PFD Office Use PFD PFD
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Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles	Tick Box	Use N Office Use PFD PFD PFD PFD Office Use Only MY MY MY Office Use Only MY PFD PFD PFD PFD PFD PFD PFD PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye	Tick Box	Use N Office Use PFD PFD PFD PFD Office Use PFD Office Use Office Use Office Use Office Use Office Use PFD Office Use PFD
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles Juice - 250ml	Tick Box	Use Vuse N Office Use PFD PFD PFD VUse PFD VUse VUse <
Three Cheeses & Black Pepper Omelette Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles	Tick Box	Use N PFD PFD PFD PFD PFD Office Use Only MY MY MY MY PFD Office Use